### PSC Staff Nurse Model Questions (1 to 100)

- 1. Who was the founder of Vala Samudaya Parishkarini Sabha?
- A) Pandit Karuppan
- B) Ayyankali
- C) V.T. Bhattathirippadu
- D) Paalakkunnathu Abraham Malpan

Ans: A) Pandit Karuppan

- 2. Gurudas Banerjee was the first Indian Vice-Chancellor in \_\_\_\_\_ University.
- A) Bombay University
- B) Banaras Hindu University

- C) Calcutta University
- D) Aligarh Muslim University

Ans: C) Calcutta University

### 3. Which Indian city is known as 'The City of Demonstrations'?

- A) Amritsar
- B) Delhi
- C) Srinagar
- D) Bhubaneswar

Ans: B) Delhi

### 4. Roopa Bhadratha Vaadam was related to

- A) Edasseri
- B) G. Sankara Kuruppu
- C) Changampuzha

D) Mundasseri

Ans: D) Mundasseri

### 5. The legal advisor of constituent assembly

- A) B.N. Rao
- B) B.R. Ambedkar
- C) Alladi Krishnaswami Ayer
- D) B.L. Mithar

Ans: A) B.N. Rao

### 6. Name the first Chairman of Finance Commission

- A) Rangaraajan
- B) K.C. Pant
- C) K.C. Niyogi
- D) John Mathai



Ans: C) K.C. Niyogi

### 7. Bhasha Poshini Sabha was founded by

- A) Kumaranasan
- B) Kodungallur Kunjukkuttan Thampuran
- C) Keralavarma Valiyakoyi Thampuran
- D) Changampuzha

**Ans:** B) Kodungallur Kunjukkuttan Thampuran

### 8. The author of Najan Oru Puthiya Lokam Kandu

- A) K.P. Vellon
- B) Makthi Thangal
- C) M.C. Joseph
- D) A.K. Gopalan



Ans: D) A.K. Gopalan

### 9. Jeeval Sahithya Prasthanam was the early name of

- A) Purogamana Sahithya Prasthanam
- B) Naadaka Prasthanam
- C) Library Movement
- D) Namboothiri Movement

Ans: A) Purogamana Sahithya Prasthanam

#### 10. Dharma was a work of

- A) Dr. Ayyathan Gopalan
- B) Ayyankali
- C) Sree Narayana Guru
- D) T.K. Madhavan

Ans: C) Sree Narayana Guru

### 11. When did the magazine Muslim Publish?

- A) 1930
- B) 1915
- C) 1906
- D) 1920

**Ans:** C) 1906

### 12. Who wrote the poem 'Tagore Malayalam'?

- A) Sumangala
- B) Panthalam Kerala Varma
- C) Raja Ravi Varma
- D) Kumaranasan

Ans: D) Kumaranasan

### 13. Which agency was secured Krupasakaya Award of UNESCO?

- A) NCERT
- B) Grandhasaala Sangham
- C) NEEM
- D) Library Council

Ans: B) Grandhasaala Sangham

#### 14. The leader of Yachana Yathra

- A) V.T. Bhattathirippadu
- B) A.K. Gopalan
- C) K. Kelappan
- D) P. Krishna Pillai

Ans: A) V.T. Bhattathirippadu

### 15. Representation of Travancore in the constituent assembly

- A) 15
- B) 6
- C) 10
- D) 11

**Ans:** B) 6

### 16. In which year Poor Home Society was established?

- A) 1975
- B) 1919
- C) 1949
- D) 1937

**Ans:** D) 1937

#### 17. The editor of the magazine Murali

- A) T. Ammalu Amma
- B) Kadathanattu Madhavi Amma

- C) Kesavadev
- D) S.K. Pottakkadu

Ans: B) Kadathanattu Madhavi Amma

### 18. The founder of 'Society for the Promotion of Education of Women'

- A) O. Chanthu Menon
- B) Appu Nedungadi
- C) Akkamma Cherian
- D) A.V. Kuttimalu Amma

Ans: B) Appu Nedungadi

### 19. In which year Deena Bandhu was started?

- A) 1924
- B) 1929
- C) 1934

D) 1914

**Ans:** D) 1914

#### 20. The capital of Andhra Pradesh

- A) Vijayawada
- B) Amaravathi
- C) Chittur
- D) Guntur

Ans: B) Amaravathi

### 21. The generally accepted term of community health nurse is:

- A) Public health nurse
- B) Care giver of the community
- C) Private health nurse
- D) Sector nurse

Ans: A) Public health nurse

#### 22. Water is primarily derived from

- A) Oceans
- B) Ice-caps
- C) Ground water
- D) Rivers

Ans: A) Oceans

#### 23. Health assistant female may cover

- A) One sub centre
- B) One thousand population
- C) Three sub centre
- D) One PHC

Ans: D) One PHC

#### 24. Summative evaluation means

A) Done before the program



- B) Done in between the program
- C) 1 and 2
- D) Done at the end

Ans: D) Done at the end

## 25. The study of physical and psychological changes which are incident to old age is called as

- A) Geriatrics
- B) Gerontology
- C) Clinical gerontology
- D) Clinical geriatrics

Ans: B) Gerontology

### 26. The head circumference in the year of 5 years will be

A) 35 cm

- B) 45 cm
- C) 50 cm
- D) 55 cm

**Ans:** C) 50 cm

#### 27. The good size of the flash card is

- A) 10 × 12
- B) 15 × 20
- C)  $22 \times 28$
- D)  $26 \times 28$

**Ans:** C) 22 × 28

# 28. he bacteria grows in the baby intestine and prevent harmful bacteria such as E-coli from growing and causing diarrhea the bacteria called

A) Lactoferrin

- B) Lysosomes
- C) Lactobacillus bifidus
- D) None of the above

Ans: C) Lactobacillus bifidus

### 29. To develop creative thinking the best method of teaching is

- A) Group discussion
- B) Tutorial method
- C) Demonstration
- D) Brain storming

Ans: D) Brain storming

### 30. International Red Cross Society is founded by

- A) Charles Dickson
- B) Charles Darwin

- C) Henry Dunant
- D) Von pirguet

Ans: C) Henry Dunant

## 31. The students studies first hand objects and materials in their natural environment is known as

- A) Demonstration
- B) Learning by doing
- C) Simulation
- D) Field trip

Ans: D) Field trip

#### 32. ICDS programme started in

- A) 1975
- B) 1970
- C) 1978

D) 1980

**Ans:** A) 1975

### 33. The optimum period of storage of river water considered to be about

- A) 5-10 days
- B) 10-14 days
- C) 14-20 days
- D) 20-25 days

**Ans:** B) 10-14 days

#### 34. PEP Should be initiated before

- A) 24 hours
- B) 72 hours
- C) 48 hours
- D) 36 hours

Ans: B) 72 hours

### 35. MTP Act came into force in the year of

- A) 15
- B) 6
- C) 10
- D) 11

**Ans:** B) 6

### 36. The albumin of the egg begins to coagulate at

- A) 60 degree Celsius
- B) 62 degree Celsius
- C) 64 degree Celsius
- D) 65 degree Celsius

Ans: A) 60 degree Celsius

### 37. Prevention of food adulteration Act was enacted in

- A) 1944
- B) 1954
- C) 1964
- D) 1974

**Ans:** B) 1954

#### 38. NACO is the programme for

- A) TB
- B) STD
- C) AIDS
- D) All of the above

Ans: C) AIDS

#### 39. Panel discussion involves

A) 1 person

- B) 1 to 2 person
- C) 4 person
- D) 4 to 8 person

Ans: D) 4 to 8 person

#### 40. Anti sterility vitamin is

- A) Vitamin A
- B) Vitamin E
- C) Vitamin K
- D) Vitamin D

Ans: B) Vitamin E

## 41. An expert committee for health man power planning, production and management is known as

- A) Shrivasthava committee
- B) Mehta committee

- C) Bajaj committee
- D) Bhore committee

Ans: C) Bajaj committee

#### 42. Erogtism occurs due to

- A) Aspergillus flavus
- B) Satius
- C) Claviceps fusiformis
- D) Argemone mexicana

Ans: C) Claviceps fusiformis

### 43. The study of anthropoids which are of medical importance is known as

- A) Ecology
- B) Anthropology
- C) Epidemiology
- D) Medical entomology



#### **Ans:** D) Medical entomology

#### 44. Angular stomatitis is caused by

- A) Riboflavin deficiency
- B) Thiamine deficiency
- C) Pyridoxine deficiency
- D) Iodine deficiency

Ans: A) Riboflavin deficiency

### 45. ESI Act was enforced by the Government in

- A) 1938
- B) 1948
- C) 1958
- D) 1968

**Ans:** B) 1948

#### 46. MMR vaccine given at the month of

- A) 12 months
- B) 15 months
- C) 18 months
- D) 20 months

Ans: B) 15 months

### 47. Slow sand or biological filtration of water is introduced in Scotland in

- A) 1804
- B) 1904
- C) 1704
- D) 1604

**Ans:** A) 1804

#### 48. Orthotolidine test was developed in

- A) 1918
- B) 1920

- C) 1928
- D) 1938

**Ans:** A) 1918

### 49. The instruments devised for measuring the cooling power of the air is

- A) Kata thermometer
- B) Wet globe thermometer
- C) Silvered thermometer
- D) Globe thermometer

**Ans:** A) Kata thermometer

### 50. Clark's process is a method of removing

- A) Temporary hardness
- B) Permanent hardness
- C) 1 and 2

D) None of the above

**Ans:** A) Temporary hardness

#### 51. CARE began its operation in India in

- A) 1945
- B) 1948
- C) 1950
- D) 1951

**Ans:** C) 1950

#### 52. Un intentional torts except

- A) Negligence
- B) Liability
- C) Defamation
- D) Damages

Ans: C) Defamation

#### 53. AUGER is required in construction of

- A) Dug well latrine
- B) Water seal latrine
- C) RCA latrine
- D) Borehole latrine

Ans: D) Borehole latrine

#### 54. First referral unit for PHC is

- A) Regional hospital
- B) Specialist hospital
- C) Taluk hospital
- D) CHC

Ans: D) CHC

#### 55. ORS contains all except

A) Sodium chloride

- B) Calcium lactate
- C) Bicarbonate
- D) Glucose

Ans: B) Calcium lactate

#### 56. The headquarters of FAO

- A) Newyork
- B) Rome
- C) Switzerland
- D) Australia

Ans: B) Rome

### 57. The following one is the trace elements of mineral

- A) Calcium
- B) Phosphorus
- C) Iodine

D) Sodium

Ans: C) lodine

### 58. The freshness of the eggs may be tested by

- A) Candling
- B) Floating in saline water
- C) 1 and 2
- D) None of the above

**Ans:** C) 1 and 2

### 59. The borehole latrine is introduced in India in

- A) 1930's
- B) 1940's
- C) 1950's
- D) 1960's

**Ans:** A) 1930's

## 60. In the hard ticks the dorsum of its body is covered by a hard shield is called

- A) Scutum
- B) Sebum
- C) Serum
- D) Shell shield

Ans: A) Scutum

### 61. The instrument used for measuring humidity

- A) Sling psychrometer
- B) Assman psychrometer
- C) Dry and wet bulb hygrometer
- D) None of the above



Ans: C) Dry and wet bulb hygrometer

#### 62. Three gram of fat gives

- A) 30 calories
- B) 4 calories
- C) 9 calories
- D) 27 calories

Ans: D) 27 calories

## 63. The process of enabling people to increase control over and to improve health is known as

- A) Specific protection
- B) Early diagnosis and treatment
- C) Health promotion
- D) Disability limitation

Ans: C) Health promotion

### 64. Illicit drug trafficking is entwined with the

- A) Asian children
- B) African children
- C) Child labour
- D) Street children

Ans: D) Street children

### 65. W.H.O. defines blindness as "visual acuity of less than"

- A) 3/60
- B) 6/60
- C) 6/18
- D) 1/60

**Ans:** A) 3/60

### 66. Balwadi nutrition programme was started in

- A) 1971
- B) 1970
- C) 1972
- D) 1973

**Ans:** B) 1970

## 67. The apparatus used to measure, regulate and applying chlorine in correct dosage is

- A) Chloronome
- B) Chloramine
- C) Filters
- D) Berkefeld filters

Ans: A) Chloronome

### 68. The optimum level of fluoride in drinking water is between

- A) 0.5 0.8 mg/liter
- B) 0.2 0.4 mg/liter
- C) 0.3 0.7 mg/liter
- D) 0.6 0.9 mg/liter

**Ans:** A) 0.5 - 0.8 mg/liter

### 69. Recommended light intensity in operation theatre is

- A) 75 foot candles
- B) 76 foot candles
- C) 80 foot candles
- D) 85 foot candles

Ans: A) 75 foot candles

#### 70. Vitamin E is termed as

- A) Tocopherol
- B) Thiamine
- C) Retinol
- D) Pyridoxine

Ans: A) Tocophero

### 71. The immunoglobulin can cross the human placenta is

- A) IgM
- B) IgG
- C) IgA
- D) IgE

Ans: B) IgG

### 72. The polio vaccine should be preserved at

A) 2 to 8 degree Celsius

- B) -2 to -8 degree Celsius
- C) 0 to 4 degree Celsius
- D) Below 0 degree Celsius

Ans: B) -2 to -8 degree Celsius

### 73. Mantoux (tuberculin) test was developed in

- A) 1807
- B) 1907
- C) 1707
- D) 1910

**Ans:** B) 1907

### 74. In India the first case of AIDS was reported in Tamilnadu in

- A) 1976
- B) 1986

- C) 1989
- D) 1989

**Ans:** B) 1986

### 75. Lathyrism present in the human it is referred as

- A) Osteo lathyrism
- B) Nephrolathyrism
- C) Neurolathyrism
- D) Genuvalgum

Ans: C) Neurolathyrism

### 76. Health survey and planning committee is known as

- A) Bhore committee
- B) Chadah committee
- C) Mudaliar committee



D) Mukerjee committee

Ans: C) Mudaliar committee

## 77. Trachoma control programme was merged with the national programme for the control of blindness in

- A) 1963
- B) 1966
- C) 1976
- D) 1986

**Ans:** C) 1976

#### 78. Dryness of the eye is known as

- A) Xerophthalmia
- B) Bitots spots
- C) Keratomalacia
- D) Night blindness



#### Ans: A) Xerophthalmia

### 79. Milk is a good source of all vitamins except

- A) Vitamin A
- B) Vitamin C
- C) Vitamin E
- D) Vitamin D

Ans: B) Vitamin C

#### 80. Mosquito may fly up to

- A) 2 miles
- B) 3 miles
- C) 4 miles
- D) 5 miles

Ans: B) 3 miles



## 81. The Government of India has announced the National Health Policy in the year of

- A) 1978
- B) 1981
- C) 1983
- D) 1982

**Ans:** D) 1982

#### 82. The major causes of MMR in India

- A) Anemia
- B) Toxemia of pregnancy
- C) Eclampsia
- D) Hemorrhage

Ans: D) Hemorrhage

### 83. The mosquito which transmits yellow fever is

- A) Aedes aegypti
- B) Anopheles mosquitoes
- C) Culex
- D) Mansonoides

Ans: A) Aedes aegypti

#### 84. Barbecue it is also called

- A) Grilling
- B) Roasting
- C) Baking
- D) Frying

Ans: B) Roasting

#### 85. Schick test can be done in case of

A) German measles

- B) Diphtheria
- C) Measles
- D) Meningitis

Ans: B) Diphtheria

### 86. The best method of refuse disposal is

- A) Burning
- B) Composting
- C) Dumping
- D) Controlled tipping

Ans: A) Burning

#### 87. CROUP can be seen in the case of

- A) Whooping cough
- B) Acute respiratory infections
- C) Tuberculosis

D) Meningitis

Ans: B) Acute respiratory infections

#### 88. The recommended noise level is

- A) 85 decibels
- B) 90 decibels
- C) 95 decibels
- D) 100 decibels

Ans: A) 85 decibels

### 89. If the first stage of labour is prolonged IV glucose is given to prevent

- A) Foetal distress
- B) Hemorrhage
- C) Maternal distress
- D) 1 and 3

Ans: C) Maternal distress

### 90. Television and sound films are the example of

- A) Auditory aids
- B) Visual aids
- C) Combined audio visual aids
- D) None of the above

Ans: C) Combined audio visual aids

### 91. The multipurpose worker scheme launched in

- A) 1964
- B) 1984
- C) 1974
- D) 1994

**Ans:** C) 1974

### 92. Radiation sickness is otherwise known as

- A) Shortening of life
- B) Leukemia
- C) Acute radiation syndrome
- D) Radiation poisoning

Ans: D) Radiation poisoning

### 93. Harpendens calipers is used to measure

- A) Foot length
- B) Height
- C) Head circumference
- D) Skin fold thickness

Ans: D) Skin fold thickness

### 94. A brief description of an observed behavior or incident is known as

- A) Clinical record
- B) Cumulative record
- C) Family record
- D) Anecdotal record

Ans: D) Anecdotal record

#### 95. Back bone of public health nursing is

- A) Environmental sanitation
- B) Health problems
- C) Home visiting
- D) Planning and evaluation

Ans: C) Home visiting

## 96. The aldehyde test of Napier is a simple test widely used in India for the diagnosis of

- A) Yellow fever
- B) Dengue fever
- C) Yaws
- D) Kala-azar

Ans: D) Kala-azar

#### 97. What is the concept of vision 2020?

- A) The right to healthy eye
- B) Right to reduce blindness
- C) Right to donate
- D) Right to sight

Ans: D) Right to sight

### 98. Minimum need programme was introduced in

- A) '4<sup>(th)</sup> five year plan
- B) `3^(rd)` five year plan
- C) '2'(nd)' five year plan
- D) '1^(st)' five year plan

Ans: D) '1^(st)' five year plan

## 99. The process of restriction of movement of persons who come in contact of diseased person is called as

- A) Active surveillance
- B) Passive surveillance
- C) Isolation
- D) Quarantine

Ans: D) Quarantine



## 100. Vitamin A supplementation gives to children from the age of 1 to 6 years should by every

- A) 3 months
- B) 8 months
- C) Yearly
- D) 6 months

Ans: D) 6 months